

ELSIE NEWSLETTER

Exploring Loneliness and Social Isolation in Emerging adulthood



An update on recruitment for ELSIE!

We have been busy recruiting young adult volunteers to take part in our research on loneliness.

So far, 12 young adults have given their perspective on loneliness in our study. We have had some really interesting conversations, have a glimpse below!

A young adult perspective on loneliness

Here are some quotes from our wonderful young adult participants on what loneliness means to them.

"you can feel alone while being surrounded by people. And even if you have a great, huge support system, I still think there can be times when you feel like you can't turn to someone about something"

"I think that you mostly feel lonely when you don't really have a connection with other people"

"a feeling of like isolation that like no one, you have no one there for you, that there's no one to rely on, and just like you're alone in this world"

Are you a young adult with a disability and interested in taking part in ELSIE?

We would really like to include the voices of young adults with disabilities in our study.

If you are a disabled young adult (18-25 y/o), living in Ireland and interested in taking part in a conversation about loneliness, we would love to hear from you!

You do not have to have experienced loneliness or discuss your disability to take part.

WWW.



Click here for more information about ELSIE!

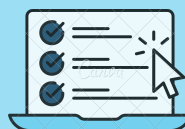
Email us @ elsie@ul.ie or call/ text **087 956 4811**.

Would you like to take part in our ELSIE online survey ?



If you are a young adult interested in participating, but you do not want to take part in a virtual conversation, follow the link below.

Our online survey has open-ended questions so you can give your perspective on loneliness!



Click here to take part in our online survey!